

NAPA VALLEY GIRLS' FASTPITCH ASSOCIATION

1370 Trancas St., # 258

Napa, CA 94558

Dear NVGFA Player,

Welcome to the Napa Valley Girls' Fastpitch Association! We want your experience to be a positive one. Therefore, it is important that you understand our league's **Rules of Conduct** and your rights as a player.

Player's Rules of Conduct:

- League players must be respectful of fellow players, coaches, officials, and spectators, while on the playing field and in the stands.
- League players will display good sportsmanship at all times.
- League players will refrain from the following: physical violence, obscene gestures or language, alcohol or drug use, tobacco products or making disparaging or insulting remarks towards others.
- League players must have a positive attitude and spirit of cooperation towards their team.
- League players must have a sense of duty and loyalty, to be reliable to their teams by making practices, being on time to games or by keeping their coaches informed of their status.
- League players are responsible to notify your coach or a League Official if you have a condition that could prevent you from safely playing softball.
- The league has a **zero tolerance policy**. Violation of any of the Players Rules of Conduct could result in disciplinary action. First offense: warning or one game suspension; Second offense: will result in Board of Directors action.

Player's Rights:

- Players have the right to be treated with dignity and respect, free from sexual harassment.
- All players in good standing and that are physically able, have the right to play a minimum of two (2) consecutive defensive innings and one offensive at bat. All substitutes will be entered into the game by the start of the 4th inning.
- Players have the right to be notified by the manager/coach who drafts them within one week of the draft meetings.
- Players have the right to contact their player representative should any problems arise.
- Should a problem arise, a last resort is a request for a **Player Release**; players can only request one release in the major division and only one release in the senior division.

Release Request Requirements:

- A player must attend two (2) team practices prior to a release request from the team.
- **Release requests may be initiated by a manager or a player.**
- The Player Representative, along with the rest of the Board of Directors, will evaluate each (un-appealed release request) and determine if a release is granted or denied based on what's best for the player, the team and the league.
- Release requests may be appealed by the player or manager to the Board of Directors for final determination within a week of notification.

Player Representative,

Dana Garcia